

TAKE ACTION ON RADON  
FOR IMMEDIATE RELEASE  
NOVEMBER 17, 2016  
Test. Reduce. Breathe Easy.

B R E A T H E  
the lung association



**November 17, 2016** -- November is Radon Action Month. Radon is the second leading cause of lung cancer. It is a radioactive gas from the natural breakdown of uranium in the ground. You can't see, taste or smell radon. It gets into homes and buildings undetected through cracks in the foundation or gaps around pipes. The only way to know how much radon is in your home or building is to test for it.

Stakeholders from different sectors such as NGOs, charities, health partners, radon professionals, government, home builders, academics and retailers make up the *Take Action on Radon Saskatchewan Coalition*. The purpose of the coalition is to come together united as one voice to educate the public about radon, and to encourage all residents of our great province to test their homes and work places for this radioactive gas and reduce the levels as much as possible.

"We often don't think about our lungs until something takes our breath away. Lung cancer kills more people than breast, ovarian, colon and prostate cancer combined. Radon specifically is estimated to account for 16% of those deaths. Through this partnership we hope to reduce lung cancer and ultimately save lives," says Jill Hubick, registered nurse from The Lung Association of Saskatchewan.

**On Saturday, November 19, 2016, The Take Action on Radon Saskatchewan Coalition invites all media outlets to attend a special radon awareness information session at the Regina Public Library, Regent Place Branch, 331 Albert Street, Regina from 2:00-3:30 pm.** The afternoon will feature speakers Jill Hubick, from The Lung Association and Frank Kirkpatrick, a certified radon professional from Master Radon. This event is open to all members of the public and there is no cost to attend. There will be draws for radon test kits as well as test kits available for purchase (\$50). Refreshments will be provided.

Health Canada recommends testing for a minimum of three months, when windows and doors typically remain closed. The Canadian Guideline for Radon in Indoor Air is 200 Bq/m<sup>3</sup>. While it is strongly recommended that Canadians fix their home if their levels of radon is at or over the guideline, there is no completely safe level of radon and home owners are encouraged to reduce radon levels as low as possible.

It is easy to measure the radon level in your home or workplace and easy to fix if you have a problem. Frank Kirkpatrick, doesn't want people to fear testing or repairing their homes. He says, "radon repair (mitigation) insures that you have done your best to protect yourself and your loved ones from radon."

To register for the free radon information session or to purchase a radon test kit visit [www.sk.lung.ca/radon](http://www.sk.lung.ca/radon)

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Contact:

Jill Hubick  
The Lung Association, Saskatchewan  
306-343-9511